



TAWASENTHA MUD MANIA 4



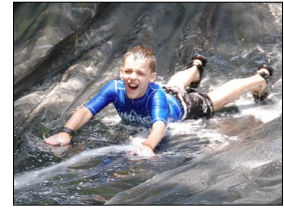
Tawasentha Park, Route 146, Guilderland, NY



Saturday, June 14, 2014

Kids' Race: 11:30 am

Adult Races: 12:00 – 1:30 pm



Awesome Kids & Adult Obstacle Course & Fun Run!

WHAT IS IT?

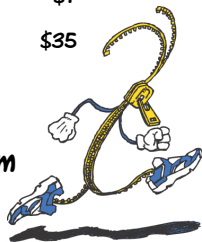
The fourth annual running of the Tawasentha Mud Mania, that's what! It's an event for the whole family! Bring the kids, bring grandma, even that crazy uncle. The event kicks off with the kids race at 11:30am and continues with adult races every half hour through 1:30pm. Throughout the event, there will be music, mud to play in, and an all-around festive atmosphere!

WHAT WILL I HAVE TO DO?

First, the kids race is about 1k (a little over a half mile.) The adult race, which is approximately 5k, takes you on a fun, muddy, roller-coaster ride around the park. Walk, run, crawl—whatever you prefer! There are several obstacles that you'll have to navigate through, around, and over. There's also a giant mud pit that isn't part of the course that will leave your kids unidentifiable but also as happy as a pig as they lose track of time.

HOW MUCH IS IT?

	Before May 1	In May	In June
Kids	\$5	\$6	\$7
Adult	\$25	\$30	\$35



Register online at ZippyReg.com

No additional fees!



WHAT DO I GET?

Muddy! A feeling of accomplishment! A coupon for the post-race BBQ, including your choice of a burger or dog and a drink. (Yes, there are vegetarian options as well.) A shirt! (If you register by June 1 you are guaranteed one.) Kids shirts are also available for \$10 when registering online.

Those in the 12pm wave will get results. Those in the 12:30pm, 1pm, or 1:30pm will not—so no need to worry about the clock!

In addition, partial proceeds from the event go to the Town of Guilderland Parks and Recreation Department to continue to improve town facilities.

HOW DO I REGISTER?

We strongly prefer that you register online. It ensures your information is typed correctly and as there are some limits on waves, it also guarantees that you are placed into the wave you desire.

If you prefer to register by mail, please make the check out to "AREEP", fill out the form and mail to:

Mud Mania
c/o AREEP
PO Box 38195
Albany, NY 12203

www.TawasenthaMudMania.com



Name		BDay / /		Age (6/14/14)		<input type="checkbox"/> M <input type="checkbox"/> F	
Address				Email			
City		State		Zip		Shirt <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	
Phone - -		Race <input type="checkbox"/> Kids <input type="checkbox"/> 12pm <input type="checkbox"/> 12:30pm <input type="checkbox"/> 1pm <input type="checkbox"/> 1:30pm					
<small>Waiver of Liability and Statement of Fitness: In consideration of my entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Town of Guilderland, Guilderland Parks & Recreation, ARE Event Productions, and any sponsors, as well as any person involved with this event. I fully understand that I, or the person I am responsible for, will be subjected to trails that may have uneven terrain, rocks, roots or other obstacles, but that I am physically fit and have sufficiently prepared for this race. My physical condition has been verified by a licensed medical doctor. I hereby grant full permission to the Town of Guilderland to use any photos, videos, or any other record of this event for any purpose whatsoever and without compensation. I understand that my entry fee is NON-REFUNDABLE, even if the event is canceled for any reason.</small>							
Signature _____			Date _____		Parent's Signature _____ (if under 18)		